

Hi-Point Fall Baseball Skills Clinic

2018 Registration

Lewis Rattleff Pak

300 Springhill Street

3rd – 8th Grade

Please Print: Current Grade 2018: _____

Player's Name: _____ Date of Birth: _____

Street Address: _____

Phone# _____

E-Mail Address: _____

Parent/Guardian's Name: _____

Hi-Point Fall Baseball Skills Clinic

The Skills Clinic offers Five, 90 minute sessions for Individual skill development

Saturday's September 15,22,29, October 6, 13 3rd – 8th Grade 1:00 - 2:30

Skills taught at each session include:

Hitting, Pitching, Fielding, Base Running, Catching, in a small group atmosphere.

Individual and group instruction from Bellefontaine High School Head Coach Mark Brunswick, Coaching Staff, Current and Past players.

Liability Waiver Having been informed of the Organization of the Hi-Point baseball, Bellefontaine, Ohio, to provide supervised baseball skills training. I/we, the parents of the above named candidate(s), do hereby give my/our approval to participate in any and all of the activities during the skills clinic. I/we do assume all the risks and hazards incidental to the conduct of the activities, transportation to and from the activities; and I/we do further hereby release, absolve, indemnify, and hold harmless the Hi-Point Baseball Association, City of Bellefontaine Joint Recreation District Park Board of Trustees, their employees and volunteers, the organizers, sponsors, and the supervisors, any and all of them. In case of injury to the above named candidate, I/we hereby waive all claims against release from responsibility, any person transporting the above candidate to or from the activities.

Parent/Guardian's Signature: _____ Date: _____

Name of School Attended by your Child: _____

Registration Fee: \$30.00 (\$20 for each additional sibling) Paid _____

**Checks made out to Hi-Point Baseball and send to:
135 N Detroit St.
Bellefontaine, OH 43311**

T-Shirt Size circle one: Adult – S M L XL Youth – S(6-8) M(10-12) L(14-16)

Hi-Point Fall Baseball Skills Clinic

Dates: September 15th, 22nd, 29th, October 6th, 13th

Time: 1:00 – 2:30 pm

Lewis Rattleff Park

Grades 3rd – 8th

Cost: \$30



This year Hi-Point baseball is offering five skill sessions as an alternative to the Fall Baseball league. We have teamed up with Bellefontaine's Head Baseball Coach Mark Brunswick to offer players an opportunity to improve their baseball skills. Joining Coach Brunswick will be current Bellefontaine baseball staff, players and past players.

Skills Taught at each session include:

Hitting

- Proper mechanics
- Plate discipline
- Hitting and bunting
- Mental approach

Base Running

- Primary and secondary leads
- Jumps
- Situational rules
- Sliding techniques

Pitching

- Proper mechanics
- Warm-up routine
- On and off field drills

Catching

- Receiving
- Blocking
- Throwing/footwork mechanics

Fielding

- Proper mechanics
- Footwork
- Cutoffs and relays
- Defensive positioning

